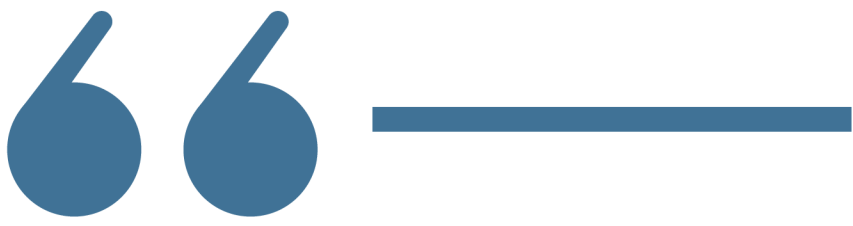


Carissa Watts

SUO  ELECTION
2025/2026

**Faculty of Sciences Student Representative
Candidate**

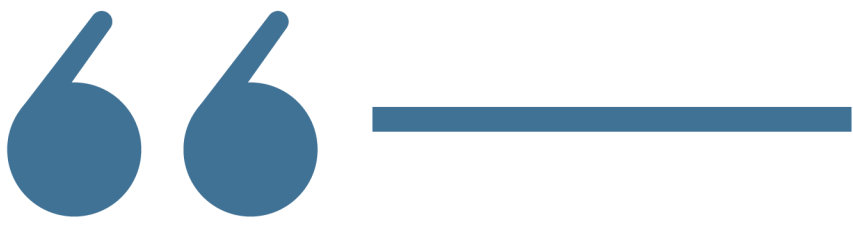




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My name is Carissa Watts, and I am running for Faculty of Science Representative because I am passionate about supporting students on their unique academic journeys. When I first enrolled at UBCO, I started in Medical Molecular Biology, driven by my goal of pursuing a career in medicine. But as I progressed, I realized that the structure of the program was not fully compatible with my learning style or long-term aspirations. After reflecting on my path, I decided to switch to a BSc in Psychology. A field that still nurtures my passion for science but in a way that better fits my strengths.

Although my journey has shifted, my goal remains the same: to enter the medical field. This experience has taught me that success does not have to be derived from a linear path, and that's okay. In fact, oftentimes, our detours bring our most valuable lessons! Thus, having exposure to both majors, I understand firsthand the challenges and rewards that each major offers. I recognize the struggles students face when it comes to navigating academic pressures, meeting professor expectations, and the hanging intimidation that can come with seeking guidance from an authoritative figure. As a result, I have learned how to adapt and make choices that facilitate in achieving personal and professional goals, and from this, I want to help others reach their own goals by guiding them toward the best path for their individual strengths and aspirations, ensuring they feel supported and empowered throughout their undergraduate careers!



C A R I S S A

Platform points

1. Breaking Barriers with Faculty – I will advocate for professor training on student engagement, push for more interactive office hours, and work to implement clearer grading rubrics to create a more supportive learning environment.
2. Your Voice, Your Future – I will hold regular student feedback sessions, push for stronger representation in faculty decisions, and ensure concerns are turned into real policy changes that improve the Science student experience.
3. Stronger Academic & Career Support – I will work to expand peer mentorship programs, improve academic advising availability, and advocate for more career panels and networking events tailored to Science students.
4. Prioritizing Mental Health & Student Well-Being – I will fight for designated quiet study spaces, advocate for more accessible mental health resources, and push for flexible academic policies that support students' well-being without sacrificing success.