

FOOD HAMPER REQUEST FORM

Pantry – a student food bank is in place to support students currently enrolled at UBC Okanagan who are experiencing food insecurity. Please fill out this form if you are in need. **Hampers will be ready for pick up on Fridays.** We will email you to confirm that we have received your request. Hampers can be picked up from the Student Union Front Desk between 10am and 4pm on Fridays.

Contact Information – please print clearly

First name	
Date	
E-mail address <u>or</u> Cell phone number	
Allergies or dietary needs	

Check off what you need. **We will do our best to fill your requests but cannot guarantee all items are available at all times.**

Food Categories	Check off the items you are in need of, we will do our best to meet your needs.		
<i>Protein</i>	<input type="checkbox"/> Peanut butter <input type="checkbox"/> Lentils	<input type="checkbox"/> Canned chicken <input type="checkbox"/> Canned salmon	<input type="checkbox"/> Spam
<i>Dairy Alternatives</i>	<input type="checkbox"/> Almond Milk <input type="checkbox"/> Coconut milk	<input type="checkbox"/> Soy Milk	<input type="checkbox"/> Evaporated Milk
<i>Grain and Gluten Free Products</i>	<input type="checkbox"/> Gluten Free Cereal	<input type="checkbox"/> Gluten Free Pasta <input type="checkbox"/> Rice Noodles	<input type="checkbox"/> Quinoa <input type="checkbox"/> Couscous
<i>Toiletries</i>	<input type="checkbox"/> Toothbrush <input type="checkbox"/> Toothpaste <input type="checkbox"/> Soap <input type="checkbox"/> Toilet Paper	<input type="checkbox"/> Body Wash <input type="checkbox"/> Deodorant <input type="checkbox"/> Shampoo/Conditioner <input type="checkbox"/> Sunscreen	<input type="checkbox"/> Tampons <input type="checkbox"/> Pads <input type="checkbox"/> Dish Soap <input type="checkbox"/> Laundry Detergent
<i>Other</i>	If there are other items that you have an urgent need for please let us know below: _____		

Request form drop off and hamper pick up

You can submit your form via email to pantry.foodbank@suu.ca by Thursday at 3:00PM. Anything received after Thursday at 3:00PM will be completed the following week.

Hampers can be picked up on Fridays, you will be emailed a confirmation that we have received your request.

For more information, to submit the form online, or if you have questions contact pantry.foodbank@suu.ca

* If you have any feedback for Pantry please email us and let us know! *

OFFICE USE ONLY
Date filled: _____
Initials: _____