

FOOD HAMPER REQUEST FORM

Pantry – a student food bank is in place to support students currently enrolled at UBC-O who are experiencing food insecurity. Please fill out this form if you are in need. **Hampers will be ready for pick up on Wednesdays and Fridays** from the Student Union Front Desk between 10am and 4pm. We will email you to confirm that we have received your request.

Contact Information – please print clearly

First name		
Date		
E-mail address		
Please indicate Wednesday or Friday pickup	<input type="checkbox"/> Wednesday	<input type="checkbox"/> Friday
Allergies or dietary needs		

Check off what you need. **We will do our best to fill your requests but cannot guarantee all items are available at all times.**

Food Categories	Check off the items you are in need of, we will do our best to meet your needs.		
<i>Protein</i>	<input type="checkbox"/> Peanut butter <input type="checkbox"/> Lentils	<input type="checkbox"/> Canned chicken <input type="checkbox"/> Canned salmon	<input type="checkbox"/> Spam
<i>Dairy Alternatives</i>	<input type="checkbox"/> Almond Milk <input type="checkbox"/> Coconut milk	<input type="checkbox"/> Soy Milk	<input type="checkbox"/> Evaporated Milk
<i>Grain and Gluten Free Products</i>	<input type="checkbox"/> Gluten Free Cereal	<input type="checkbox"/> Gluten Free Pasta <input type="checkbox"/> Rice Noodles	<input type="checkbox"/> Quinoa <input type="checkbox"/> Couscous
<i>Toiletries</i>	<input type="checkbox"/> Toothbrush <input type="checkbox"/> Toothpaste <input type="checkbox"/> Soap <input type="checkbox"/> Toilet Paper	<input type="checkbox"/> Body Wash <input type="checkbox"/> Deodorant <input type="checkbox"/> Shampoo/Conditioner	<input type="checkbox"/> Tampons <input type="checkbox"/> Pads <input type="checkbox"/> Dish Soap <input type="checkbox"/> Laundry Detergent
<i>Other</i>	If there are other items that you have an urgent need for please let us know below: _____		

Request form drop off and hamper pick up

You can submit your form via email to pantry.foodbank@suu.ca. Anything received after the deadlines below will be completed the following week.

For more information, or if you have questions or feedback, contact pantry.foodbank@suu.ca

Hamper form submission deadline

For Wednesday pickup – Your form must be submitted by 12:00pm on Tuesday

For Friday pickup – Your form must be submitted by 12:00pm on Thursday

OFFICE USE ONLY

Date filled: _____

Initials: _____